

Today, I pledge to be more confident in myself and my abilities.

I will embrace my authentic self. I will not give in to the pressure to fit society's stereotypes. I will refrain from negative self-talk and show myself grace in times of doubt.

I am courageous and will proudly live by my values. I will not compromise my integrity for the sake of others. I will respect myself enough to say "NO" to people and situations that are unhealthy to my well-being.

I will not undermine others' self-confidence. When speaking to or about other women, my words will be supportive and empowering. I will use the network of women around me to influence our workplaces and communities in a positive way.

I am a woman of influence. Because of me, women and girls will know that all things are possible.



Kappa Delta
SORORITY